

Cheerful Helpers

Child and Family Study Center

Field Practicum Program

Contact Us

Janet Upjohn, LCSW janet.upjohn@cheerfulhelpers.org

Jaclyn Zeccola, PhD jaclyn.zeccola@cheerfulhelpers.org

www.cheerfulhelpers.org

About Our School

We are a well-established therapeutic school and early intervention program dedicated to supporting children who are experiencing developmental challenges.

The populations we serve at our therapeutic school are children aged 3-10 and their families.

About Cheerful Helpers

OUR MISSION

We provide hope to families with young children experiencing significant developmental, social, and emotional challenges. In a safe and warm setting, we offer a unique collaborative, educational and therapeutic approach, empowering the entire family to achieve their potential for life-long growth.

OUR PHILOSOPHY

We provide hope to families with young children experiencing significant developmental, social, and emotional challenges. In a safe and warm setting, we offer a unique collaborative, educational and therapeutic approach, empowering the entire family to achieve their potential for life-long growth.

OUR PROGRAMS

As part of our services, we offer:

- Therapeutic Schooling (K-1st)
- Brief Evaluation and Intervention Groups (BEIG)
- Social Skills
- Play Therapy
- Family Counseling

CLINICAL CHILD DEVELOPMENT TRAINING PROGRAM

Cheerful Helpers has been providing a clinical training program since 1966 when the agency was awarded a grant from the National Institute of Mental Health.

Trainees develop clinical skills through hands on work in our therapeutic school, socialization groups, working one-on-one with children and with parents and family systems. Through group and individual supervision along with clinical case conferences, trainees are supported in the development of their clinical skills.

Our Interns

Currently, we host interns from 6 different universities.

Our group of interns consists of students pursuing their MFT or MSW degrees.

At Cheerful Helpers, interns gain real-life practicum experiences as a part of a multidisciplinary team.

Intern Opportunities

MICRO WORK

MFT and MSW Interns have the opportunity to work with groups such as families and individuals such as children. Interns work as 1-to-1 aides with children in the classrooms. Interns also get the opportunity to participate in one of our other therapeutic programs.

MACRO WORK

MSW Interns get the opportunities to get involved in macro-level projects such as grant-writing, program development, and data and budget analysis. Other projects are available based on intern experience and interest.

COMMUNITY OUTREACH

MSW interns are given the opportunity to participate in community outreach via social media and on site events to promote the Cheerful Helpers mission to those around the community.

SUPERVISION

MFT and MSW students are supervised by licensed clinicians (Ph.D., LCSW, LMFT).

Students will also have the opportunity to participate in group supervision sessions with a mix of colleagues in different stages of licensure.